



Before the flight



- Book your flight early, especially when traveling during school holidays.
- Enter your children's ages when making the booking.
Note: Infants and children benefit from reduced fares.
- Reserve seats in advance and make sure you're seated together.
Tip: Choose rows in the back of the cabin to stay closer to the crew and restrooms.
- Order a baby meal or special meal if needed.
(Note: The baby meal must be ordered separately and is free of charge. The kids' meal is automatically provided for children aged 2 to 9.)
- Prepare your children for the journey and explain what will happen at the airport and on board.
- Apply for your child's passport in time or check the validity of existing travel documents.
- Check travel advice for your destination with the Swiss Federal Department of Foreign Affairs (FDFA).
- Ask your health insurance provider if your coverage includes international travel and, if needed, take out travel health insurance.
- Pay special attention to your child's health before departure and consult a pediatrician if required.

Baggage



- Review the baggage regulations and follow them while packing
(You'll find baggage allowances for infants and children on your e-ticket or at swiss.com/baggage.
For questions, please contact our Service Center.)
- You may carry liquid baby food in containers larger than 100 ml in your hand baggage.
Please present it during the security check.
- Check in foldable strollers and buggies, properly packed, and borrow a stroller at the airport.
(Tip: You may keep your buggy with you until the gate and pick it up either at the aircraft or at the baggage carousel, depending on the destination.)

Suggested items for your carry-on baggage

- Favorite stuffed animal and blanket
- Warm socks
- Snacks
- Toys
- Spare clothing
- Diapers and wet wipes
- Essential medication
- Sweater for long-haul flights

Safety

- If needed, check whether your car seat is approved for air travel and fits a SWISS seat (43 × 43 cm).
- Reserve a baby bassinet for your long-haul flight.

At the airport

- Use the Family Check-in at Check-in 1 and the Family Services areas at Zurich Airport at Gates A and E.
- Check in online the evening before your flight to reduce waiting times.
- Practice pressure equalization with your children, and have pacifiers and bottles ready for infants and chewing gum for older children during takeoff and landing.

On board

- A child restraint system offers additional support and safety. You can find more information at [swiss.com](https://www.swiss.com).
- You can ask the crew to heat water or warm baby bottles. They're happy to assist.